



WALKTOBER CHALLENGE 2024

WASHINGTON STATE UNIVERSITY
VANCOUVER

Name:

Total number of steps:

*Track steps and other daily activities, record them here!
At the end of the month total your steps and return this form to
Human Resources, located in Dengerink Administration
Building, Room 126 or email it to van.hr.frontdesk@wsu.edu.*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		